

Nutrition Facts

2 servings per container

Serving size

1/2 cookie (57g)

	Per serving		Per cookie	
Calories	230	460		
	% DV*		% DV*	
Total Fat	8g	10%	17g	22%
Saturated Fat	3.5g	18%	7g	35%
<i>Trans</i> Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	250mg	11%	510mg	22%
Total Carbohydrate	29g	11%	56g	20%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	14g		26g	
Incl. Added Sugars	14g	28%	26g	52%
Protein	8g	8%	16g	17%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	27mg	2%	52mg	4%
Iron	1mg	6%	3mg	15%
Potassium	147mg	4%	298mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.