

# Nutrition Facts

24 servings per container

Serving size 1/2 cookie (57g)

	Per serving	Per cookie
<b>Calories</b>	<b>220</b>	<b>440</b>
	% DV*	% DV*
<b>Total Fat</b>	7g <b>9%</b>	15g <b>19%</b>
Saturated Fat	3g <b>15%</b>	6g <b>30%</b>
<i>Trans</i> Fat	0g	0g
<b>Cholesterol</b>	0mg <b>0%</b>	0mg <b>0%</b>
<b>Sodium</b>	160mg <b>7%</b>	330mg <b>14%</b>
<b>Total Carbohydrate</b>	29g <b>11%</b>	58g <b>21%</b>
Dietary Fiber	5g <b>18%</b>	10g <b>36%</b>
Total Sugars	13g	27g
Incl. Added Sugars	13g <b>26%</b>	27g <b>54%</b>
<b>Protein</b>	8g <b>8%</b>	16g <b>16%</b>
Vitamin D	0mcg 0%	0mcg 0%
Calcium	18mg 2%	35mg 2%
Iron	1mg 6%	3mg 15%
Potassium	136mg 2%	272mg 6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.