

Nutrition Facts

2 servings per container

Serving size

1/2 cookie (57g)

	Per serving		Per cookie	
Calories	210	420		
	% DV*		% DV*	
Total Fat	6g	8%	13g	17%
Saturated Fat	1.5g	8%	2.5g	13%
<i>Trans</i> Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	200mg	9%	390mg	17%
Total Carbohydrate	28g	10%	55g	20%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	9g		17g	
Incl. Added Sugars	8g	16%	17g	34%
Protein	8g	8%	16g	16%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	15mg	2%	30mg	4%
Iron	1mg	6%	3mg	15%
Potassium	78mg	2%	155mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.