

Nutrition Facts

2 servings per container

Serving size 1/2 cookie (57g)

	Per serving		Per cookie	
Calories	220		440	
	% DV*		% DV*	
Total Fat	7g	9%	14g	18%
Saturated Fat	2.5g	13%	5g	25%
<i>Trans Fat</i>	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	300mg	13%	600mg	26%
Total Carbohydrate	28g	10%	57g	21%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	11g		21g	
Incl. Added Sugars	11g	22%	21g	42%
Protein	8g	8%	16g	16%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	33mg	2%	67mg	6%
Iron	1mg	6%	3mg	15%
Potassium	133mg	2%	269mg	6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.