

Nutrition Facts

2 servings per container

Serving size

1/2 cookie (57g)

	Per serving		Per cookie	
Calories	230	460		
	% DV*		% DV*	
Total Fat	9g	12%	17g	22%
Saturated Fat	3.5g	18%	7g	35%
<i>Trans</i> Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	190mg	8%	370mg	16%
Total Carbohydrate	27g	10%	54g	20%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	12g		24g	
Incl. Added Sugars	12g	24%	24g	48%
Protein	8g	8%	16g	16%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	14mg	2%	28mg	2%
Iron	1mg	6%	2mg	10%
Potassium	110mg	2%	219mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.