

Nutrition Facts

2 servings per container

Serving size **1/2 cookie (57g)**



	Per serving	Per cookie
Calories	210	420
	% DV*	% DV*
Total Fat	7g 9%	14g 18%
Saturated Fat	3g 15%	6g 30%
<i>Trans</i> Fat	0g	0g
Cholesterol	0mg 0%	0mg 0%
Sodium	220mg 10%	440mg 19%
Total Carbohydrate	27g 10%	55g 20%
Dietary Fiber	5g 18%	10g 36%
Total Sugars	12g	24g
Incl. Added Sugars	9g 18%	19g 38%
Protein	8g 8%	16g 16%
Vitamin D	0mcg 0%	0mcg 0%
Calcium	18mg 2%	36mg 4%
Iron	2mg 10%	4mg 20%
Potassium	176mg 4%	355mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.