

# Nutrition Facts

2 servings per container

Serving size 1/2 cookie (57g)

	Per serving	Per cookie
<b>Calories</b>	<b>210</b>	<b>420</b>
	% DV*	% DV*
<b>Total Fat</b>	6g <b>8%</b>	12g <b>15%</b>
Saturated Fat	3g <b>15%</b>	6g <b>30%</b>
<i>Trans</i> Fat	0g	0g
<b>Cholesterol</b>	0mg <b>0%</b>	0mg <b>0%</b>
<b>Sodium</b>	115mg <b>5%</b>	230mg <b>10%</b>
<b>Total Carbohydrate</b>	30g <b>11%</b>	59g <b>21%</b>
Dietary Fiber	5g <b>18%</b>	10g <b>36%</b>
Total Sugars	12g	25g
Incl. Added Sugars	9g <b>18%</b>	19g <b>38%</b>
<b>Protein</b>	8g <b>8%</b>	16g <b>16%</b>
Vitamin D	0mcg 0%	0mcg 0%
Calcium	15mg 2%	31mg 2%
Iron	2mg 10%	4mg 20%
Potassium	108mg 2%	216mg 4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.