

Nutrition Facts

2 servings per container

Serving size 1/2 cookie (57g)

	Per serving		Per cookie	
Calories	210	420		
	% DV*		% DV*	
Total Fat	5g	6%	10g	13%
Saturated Fat	1.5g	8%	3.5g	18%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	130mg	6%	260mg	11%
Total Carbohydrate	30g	11%	61g	22%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	11g		22g	
Incl. Added Sugars	9g	18%	18g	36%
Protein	8g	8%	16g	16%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	14mg	2%	28mg	2%
Iron	1mg	6%	3mg	15%
Potassium	117mg	2%	234mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.