

Nutrition Facts

24 servings per container

Serving size 1/2 cookie (57g)

	Per serving	Per cookie
Calories	210	420
	% DV*	% DV*
Total Fat	6g 8%	13g 17%
Saturated Fat	3g 15%	6g 30%
<i>Trans</i> Fat	0g	0g
Cholesterol	0mg 0%	0mg 0%
Sodium	200mg 9%	390mg 17%
Total Carbohydrate	28g 10%	56g 20%
Dietary Fiber	5g 18%	10g 36%
Total Sugars	14g	27g
Incl. Added Sugars	12g 24%	24g 48%
Protein	8g 8%	16g 16%
Vitamin D	0mcg 0%	0mcg 0%
Calcium	16mg 2%	33mg 2%
Iron	2mg 10%	3mg 15%
Potassium	177mg 4%	352mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.