

Nutrition Facts

24 servings per container

Serving size 1/2 cookie (57g)

	Per serving		Per cookie	
Calories	220		440	
	% DV*		% DV*	
Total Fat	8g	10%	15g	19%
Saturated Fat	3g	15%	6g	30%
<i>Trans</i> Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	150mg	7%	300mg	13%
Total Carbohydrate	28g	10%	56g	20%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	12g		23g	
Incl. Added Sugars	11g	22%	23g	46%
Protein	8g	8%	16g	16%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	21mg	2%	43mg	4%
Iron	2mg	10%	3mg	15%
Potassium	166mg	4%	331mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.