



# The COMPLETE COOKIE®

With up to 16g of plant-based protein and 10g of fiber, our Vegan and Non-GMO Complete Cookie will not only satisfy your tummy and sweet tooth, but also your peace of mind. No excuses needed for this non-cheat treat with incredible taste and none of the things you don't want!



## CHOCOLATE CHIP



### Nutrition Facts

2 servings per cookie  
**Serving size**  
 1/2 cookie (57g)  
**Calories**  
**210 420**  
 per serving per cookie

	Per serving %DV*		Per cookie %DV*	
<b>Total Fat</b>	6g	8%	12g	15%
Saturated Fat	3g	15%	6g	30%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	115mg	5%	230mg	10%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	15mg	2%	31mg	2%

	Per serving %DV*		Per cookie %DV*	
<b>Total Carbohydrate</b>	30g	11%	59g	21%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	12g		25g	
Incl. Added Sugars	9g	18%	19g	38%
<b>Protein</b>	8g	8%	16g	16%
Iron	2mg	10%	4mg	20%
Potassium	108mg	2%	216mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



4oz-12ct CADDY

**INGREDIENTS:** Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Protein Blend (vital wheat gluten, pea protein, rice protein), Chicory Root Fiber, Semi-Sweet Chocolate Chips (unsweetened chocolate, sugar, cocoa butter, dextrose, natural vanilla extract), Cane Sugar, Invert Sugar, Vegetable Glycerine, Palm Fruit Oil, Sunflower Lecithin, Natural Flavor, Baking Soda, Salt, Xanthan Gum, Guar Gum.

Allergens: Contains Wheat.

## DOUBLE CHOCOLATE



### Nutrition Facts

2 servings per cookie  
**Serving size**  
 1/2 cookie (57g)  
**Calories**  
**210 420**  
 per serving per cookie

	Per serving %DV*		Per cookie %DV*	
<b>Total Fat</b>	7g	9%	14g	18%
Saturated Fat	3g	15%	6g	30%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	220mg	10%	440mg	19%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	18mg	2%	36mg	4%

	Per serving %DV*		Per cookie %DV*	
<b>Total Carbohydrate</b>	27g	10%	55g	20%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	12g		24g	
Incl. Added Sugars	9g	18%	19g	38%
<b>Protein</b>	8g	8%	16g	16%
Iron	2mg	10%	4mg	20%
Potassium	176mg	4%	355mg	8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



4oz-12ct CADDY

**INGREDIENTS:** Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Protein Blend (vital wheat gluten, pea protein, rice protein), Chicory Root Fiber, Invert Sugar, Semi-Sweet Chocolate Chips (unsweetened chocolate, sugar, cocoa butter, dextrose, natural vanilla extract), Cane Sugar, Palm Fruit Oil, Vegetable Glycerine, Cocoa processed with alkali, Sunflower Lecithin, Molasses, Natural Flavor, Baking Soda, Salt, Xanthan Gum, Guar Gum.

Allergens: Contains Wheat.

## SNICKERDOODLE



### Nutrition Facts

2 servings per cookie  
**Serving size**  
 1/2 cookie (57g)  
**Calories**  
**230 460**  
 per serving per cookie

	Per serving %DV*		Per cookie %DV*	
<b>Total Fat</b>	8g	10%	17g	22%
Saturated Fat	3.5g	18%	7g	35%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	250mg	11%	510mg	22%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	27mg	2%	52mg	4%

	Per serving %DV*		Per cookie %DV*	
<b>Total Carbohydrate</b>	29g	11%	56g	20%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	14g		26g	
Incl. Added Sugars	14g	28%	26g	52%
<b>Protein</b>	8g	8%	16g	17%
Iron	1mg	6%	3mg	15%
Potassium	147mg	4%	298mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



4oz-12ct CADDY

**INGREDIENTS:** Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Protein Blend (vital wheat gluten, pea protein, rice protein), Cane Sugar, Palm Fruit Oil, Chicory Root Fiber, Invert Sugar, Vegetable Glycerine, Sunflower Lecithin, Molasses, Natural Flavor, Baking Soda, Cinnamon, Salt, Xanthan Gum, Guar Gum.

Allergens: Contains Wheat.

## PEANUT BUTTER CHOCOLATE CHIP



### Nutrition Facts

2 servings per cookie  
**Serving size**  
 1/2 cookie (57g)  
**Calories**  
**220 440**  
 per serving per cookie

	Per serving %DV*		Per cookie %DV*	
<b>Total Fat</b>	8g	10%	16g	21%
Saturated Fat	2g	10%	4.5g	23%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	180mg	8%	360mg	16%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	17mg	2%	34mg	4%

	Per serving %DV*		Per cookie %DV*	
<b>Total Carbohydrate</b>	28g	10%	55g	20%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	11g		21g	
Incl. Added Sugars	8g	16%	16g	32%
<b>Protein</b>	8g	8%	16g	17%
Iron	2mg	10%	4mg	20%
Potassium	70mg	2%	141mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



4oz-12ct CADDY

**INGREDIENTS:** Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Chicory Root Fiber, Peanut Butter, Protein Blend (vital wheat gluten, pea protein, rice protein), Semi-Sweet Chocolate Chips (unsweetened chocolate, sugar, cocoa butter, dextrose, natural vanilla extract), Invert Sugar, Vegetable Glycerine, Cane Sugar, Peanuts, Palm Fruit Oil, Sunflower Lecithin, Natural Flavors, Baking Soda, Salt, Xanthan Gum, Guar Gum.

Allergens: Contains Wheat, Peanut and Sesame Seed.

## WHITE CHOCOLATY MACADAMIA



### Nutrition Facts

2 servings per cookie  
**Serving size**  
 1/2 cookie (57g)  
**Calories**  
**230 460**  
 per serving per cookie

	Per serving %DV*		Per cookie %DV*	
<b>Total Fat</b>	9g	12%	17g	22%
Saturated Fat	3.5g	18%	7g	35%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	190mg	8%	370mg	16%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	14mg	2%	28mg	2%

	Per serving %DV*		Per cookie %DV*	
<b>Total Carbohydrate</b>	27g	10%	54g	20%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	12g		24g	
Incl. Added Sugars	12g	24%	24g	48%
<b>Protein</b>	8g	8%	16g	16%
Iron	1mg	6%	2mg	10%
Potassium	110mg	2%	219mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



4oz-12ct CADDY

**INGREDIENTS:** Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Protein Blend (vital wheat gluten, pea protein, rice protein), Cane Sugar, Chicory Root Fiber, Palm Fruit Oil, Vegetable Glycerine, White Chips (sugar, palm kernel and palm fruit oil, natural flavor, sunflower lecithin [emulsifier], salt), Invert Sugar, Macadamia Nuts, Sunflower Lecithin, Natural Flavor, Baking Soda, Salt, Xanthan Gum, Guar Gum.

Allergens: Contains Wheat and Macadamia Nut.

## BIRTHDAY CAKE



### Nutrition Facts

2 servings per cookie  
**Serving size**  
 1/2 cookie (57g)  
**Calories**  
**210 420**  
 per serving | per cookie

	Per serving %DV*		Per cookie %DV*	
<b>Total Fat</b>	5g	6%	10g	13%
Saturated Fat	1.5g	8%	3.5g	18%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	130mg	6%	260mg	11%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	14mg	2%	28mg	2%

	Per serving %DV*		Per cookie %DV*	
<b>Total Carbohydrate</b>	30g	11%	61g	22%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	11g		22g	
Incl. Added Sugars	9g	18%	18g	36%
<b>Protein</b>	8g	8%	16g	16%
Iron	1mg	6%	3mg	15%
Potassium	117mg	2%	234mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



4oz-12ct CADDY

**INGREDIENTS:** Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Protein Blend (vital wheat gluten, pea protein, rice protein), Chicory Root Fiber, Cane Sugar, Invert Sugar, Vegetable Glycerine, Palm Fruit Oil, Sprinkles (sugar, palm kernel and palm oil, corn starch, sunflower lecithin, vegetable juice, annatto extract, spirulina extract, turmeric, beta carotene, maltodextrin, carnauba wax, cellulose gum), Sunflower Lecithin, Natural Flavor, Baking Soda, Salt, Xanthan Gum, Guar Gum.

Allergens: Contains Wheat.

## PEANUT BUTTER



### Nutrition Facts

2 servings per cookie  
**Serving size**  
 1/2 cookie (57g)  
**Calories**  
**210 420**  
 per serving | per cookie

	Per serving %DV*		Per cookie %DV*	
<b>Total Fat</b>	6g	8%	13g	17%
Saturated Fat	1.5g	8%	2.5g	13%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	200mg	9%	390mg	17%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	15mg	2%	30mg	4%

	Per serving %DV*		Per cookie %DV*	
<b>Total Carbohydrate</b>	28g	10%	55g	20%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	9g		17g	
Incl. Added Sugars	8g	16%	17g	34%
<b>Protein</b>	8g	8%	16g	16%
Iron	1mg	6%	3mg	15%
Potassium	78mg	2%	155mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



4oz-12ct CADDY

**INGREDIENTS:** Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Chicory Root Fiber, Peanut Butter, Protein Blend (vital wheat gluten, pea protein, rice protein), Invert Sugar, Vegetable Glycerine, Cane Sugar, Peanuts, Palm Fruit Oil, Sunflower Lecithin, Natural Flavors, Baking Soda, Salt, Xanthan Gum, Guar Gum.

Allergens: Contains Wheat, Peanut and Sesame Seed.

## OATMEAL RAISIN



### Nutrition Facts

2 servings per cookie  
**Serving size**  
 1/2 cookie (57g)  
**Calories**  
**210 420**  
 per serving | per cookie

	Per serving %DV*		Per cookie %DV*	
<b>Total Fat</b>	6g	8%	12g	15%
Saturated Fat	2.5g	13%	4.5g	23%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	190mg	8%	380mg	17%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	22mg	2%	44mg	4%

	Per serving %DV*		Per cookie %DV*	
<b>Total Carbohydrate</b>	29g	11%	59g	21%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	13g		26g	
Incl. Added Sugars	9g	18%	19g	38%
<b>Protein</b>	8g	8%	16g	16%
Iron	1mg	6%	3mg	15%
Potassium	160mg	4%	321mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



4oz-12ct CADDY

**INGREDIENTS:** Protein Blend (vital wheat gluten, pea protein, rice protein), Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Chicory Root Fiber, Cane Sugar, Palm Fruit Oil, Rolled Oats, Vegetable Glycerine, Invert Sugar, Raisins, Molasses, Natural Flavor, Sunflower Lecithin, Cinnamon, Baking Soda, Salt, Xanthan Gum, Guar Gum.

Allergens: Contains Wheat.

## LEMON POPPY SEED



### Nutrition Facts

2 servings per cookie  
**Serving size**  
 1/2 cookie (57g)  
**Calories**  
**220 440**  
 per serving | per cookie

	Per serving %DV*		Per cookie %DV*	
<b>Total Fat</b>	7g	9%	14g	18%
Saturated Fat	2.5g	13%	5g	25%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	300mg	13%	600mg	26%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	33mg	2%	67mg	6%

	Per serving %DV*		Per cookie %DV*	
<b>Total Carbohydrate</b>	28g	10%	57g	21%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	11g		21g	
Incl. Added Sugars	11g	22%	21g	42%
<b>Protein</b>	8g	8%	16g	16%
Iron	1mg	6%	3mg	15%
Potassium	133mg	2%	269mg	6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



4oz-12ct CADDY

**INGREDIENTS:** Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Protein Blend (vital wheat gluten, pea protein, rice protein), Chicory Root Fiber, Cane Sugar, Invert Sugar, Palm Fruit Oil, Vegetable Glycerine, Poppy Seeds, Natural Flavors, Sunflower Lecithin, Natural Yellow Color, Baking Soda, Salt, Xanthan Gum, Guar Gum.

Allergens: Contains Wheat.

## CHOC-O-MINT



### Nutrition Facts

2 servings per cookie  
**Serving size**  
 1/2 cookie (57g)  
**Calories**  
**220 440**  
 per serving | per cookie

	Per serving %DV*		Per cookie %DV*	
<b>Total Fat</b>	7g	9%	14g	18%
Saturated Fat	3.5g	18%	7g	35%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	240mg	10%	480mg	21%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	18mg	2%	36mg	2%

	Per serving %DV*		Per cookie %DV*	
<b>Total Carbohydrate</b>	28g	10%	55g	20%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	14g		29g	
Incl. Added Sugars	14g	28%	28g	56%
<b>Protein</b>	8g	8%	16g	16%
Iron	2mg	10%	3mg	15%
Potassium	208mg	4%	419mg	8%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



4oz-12ct CADDY

**INGREDIENTS:** Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Protein Blend (vital wheat gluten, pea protein, rice protein), Chicory Root Fiber, Mint Drops (sugar, palm kernel and palm oil, dextrose, sunflower lecithin [emulsifier], spirulina [color], natural flavor, turmeric [color], salt), Invert Sugar, Cane Sugar, Palm Fruit Oil, Vegetable Glycerine, Cocoa processed with alkali, Natural Flavor, Sunflower Lecithin, Molasses, Baking Soda, Salt, Xanthan Gum, Guar Gum.

Allergens: Contains Wheat.

## APPLE PIE



### Nutrition Facts

2 servings per cookie  
**Serving size**  
 1/2 cookie (57g)  
**Calories**  
**220 440**  
 per serving per cookie

	Per serving %DV*		Per cookie %DV*	
<b>Total Fat</b>	7g	9%	14g	18%
Saturated Fat	3g	15%	6g	30%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	130mg	6%	260mg	11%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	18mg	2%	36mg	2%

	Per serving %DV*		Per cookie %DV*	
<b>Total Carbohydrate</b>	30g	11%	59g	21%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	13g		26g	
Incl. Added Sugars	11g	22%	23g	46%
<b>Protein</b>	8g	8%	16g	16%
Iron	1mg	6%	3mg	15%
Potassium	143mg	4%	284mg	6%



4oz-12ct CADDY

**INGREDIENTS:** Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Protein Blend (vital wheat gluten, pea protein, rice protein), Cane Sugar, Chicory Root Fiber, Palm Fruit Oil, Invert Sugar, Vegetable Glycerine, Dried Apples, Sunflower Lecithin, Molasses, Natural Flavor, Cinnamon, Baking Soda, Salt, Xanthan Gum, Guar Gum.

Allergens: Contains Wheat.

## CHOCOLATE DONUT



### Nutrition Facts

2 servings per cookie  
**Serving size**  
 1/2 cookie (57g)  
**Calories**  
**210 420**  
 per serving per cookie

	Per serving %DV*		Per cookie %DV*	
<b>Total Fat</b>	7g	9%	15g	19%
Saturated Fat	3.5g	18%	7g	35%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	250mg	11%	500mg	22%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	18mg	2%	36mg	2%

	Per serving %DV*		Per cookie %DV*	
<b>Total Carbohydrate</b>	27g	10%	53g	19%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	14g		28g	
Incl. Added Sugars	10g	20%	20g	40%
<b>Protein</b>	8g	8%	16g	16%
Iron	2mg	10%	4mg	20%
Potassium	191mg	4%	378mg	8%



4oz-12ct CADDY

**INGREDIENTS:** Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Protein Blend (vital wheat gluten, pea protein, rice protein), Chicory Root Fiber, Semi-Sweet Chocolate Chips (unsweetened chocolate, sugar, cocoa butter, dextrose, natural vanilla extract), Invert Sugar, Cane Sugar, Palm Fruit Oil, Vegetable Glycerine, Sprinkles (sugar, palm kernel oil, palm fruit oil, corn starch, sunflower lecithin, vegetable juice, annatto extract, spirulina extract, turmeric, beta carotene, maltodextrin, carnauba wax, cellulose gum), Cocoa processed with alkali, Sunflower Lecithin, Molasses, Natural Flavor, Baking Soda, Sea Salt, Xanthan Gum, Guar Gum.

Allergens: Contains Wheat.

## SALTED CARAMEL



### Nutrition Facts

2 servings per cookie  
**Serving size**  
 1/2 cookie (57g)  
**Calories**  
**210 420**  
 per serving per cookie

	Per serving %DV*		Per cookie %DV*	
<b>Total Fat</b>	6g	8%	13g	17%
Saturated Fat	3g	15%	6g	30%
Trans Fat	0g		0g	
<b>Cholesterol</b>	0mg	0%	0mg	0%
<b>Sodium</b>	270mg	12%	530mg	23%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	18mg	2%	36mg	4%

	Per serving %DV*		Per cookie %DV*	
<b>Total Carbohydrate</b>	27g	10%	55g	20%
Dietary Fiber	5g	18%	10g	36%
Total Sugars	13g		26g	
Incl. Added Sugars	13g	26%	25g	50%
<b>Protein</b>	8g	8%	16g	16%
Iron	2mg	10%	3mg	15%
Potassium	198mg	4%	395mg	8%



4oz-12ct CADDY

**INGREDIENTS:** Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Protein Blend (vital wheat gluten, pea protein, rice protein), Chicory Root Fiber, Invert Syrup, Salted Caramel Flavored Drops (sugar, palm kernel and palm oil, anhydrous dextrose, salt, cocoa powder, sunflower lecithin [emulsifier], natural flavor, paprika extract [color]), Cane Sugar, Palm Fruit Oil, Vegetable Glycerine, Cocoa processed with alkali, Sunflower Lecithin, Molasses, Natural Flavors, Baking Soda, Sea Salt, Xanthan Gum, Guar Gum.

Allergens: Contains Wheat.

2oz cookies!



2oz Cookie



2oz-5ct Cookie



2oz-12ct Cookie

4oz cookies!



4oz Cookie



4oz-6ct Cookie



4oz-12ct Cookie

AVAILABLE IN 2oz & 4oz SIZES!

Contact a Lenny & Larry's Sales Rep on flavor varieties that are available.

A COMPLETE WORLD OF GOODIES  
**LENNYLARRY.COM**

(800) 536-6952 | Sales@LennyLarry.com

\*Manufactured in a facility that also processes Peanut, Tree Nut, Soy, Milk and Egg.  
 †No genetically engineered INGREDIENTS.