

Nutrition Facts

2 servings per container

Serving size

1/2 cookie (57g)

	Per serving	Per cookie
Calories	210	420
	% DV*	% DV*
Total Fat	7g 9%	15g 19%
Saturated Fat	3.5g 18%	7g 35%
<i>Trans</i> Fat	0g	0g
Cholesterol	0mg 0%	0mg 0%
Sodium	250mg 11%	500mg 22%
Total Carbohydrate	27g 10%	53g 19%
Dietary Fiber	5g 18%	10g 36%
Total Sugars	14g	28g
Incl. Added Sugars	10g 20%	20g 40%
Protein	8g 8%	16g 16%
Vitamin D	0mcg 0%	0mcg 0%
Calcium	18mg 2%	36mg 2%
Iron	2mg 10%	4mg 20%
Potassium	191mg 4%	378mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.