

Nutrition Facts

2 servings per container

Serving size 1/2 cookie (57g)

	Per serving	Per cookie
Calories	220	440
	% DV*	% DV*
Total Fat	7g 9%	14g 18%
Saturated Fat	3g 15%	6g 30%
Trans Fat	0g	0g
Cholesterol	0mg 0%	0mg 0%
Sodium	130mg 6%	260mg 11%
Total Carbohydrate	30g 11%	59g 21%
Dietary Fiber	5g 18%	10g 36%
Total Sugars	13g	26g
Incl. Added Sugars	11g 22%	23g 46%
Protein	8g 8%	16g 16%
Vitamin D	0mcg 0%	0mcg 0%
Calcium	18mg 2%	36mg 2%
Iron	1mg 6%	3mg 15%
Potassium	143mg 4%	284mg 6%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.