

Nutrition Facts

1 servings per container

Serving size 1 cookie (57g)

Amount per serving

Calories 230

% Daily Value*

Total Fat 8g **10%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 250mg **11%**

Total Carbohydrate 29g **11%**

Dietary Fiber 5g **18%**

Total Sugars 14g

Includes 14g Added Sugars **28%**

Protein 8g **8%**

Vit. D 0mcg 0% • Calcium 27mg 2%

Iron 1mg 6% • Potas. 147mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.