

# Nutrition Facts

1 servings per container

Serving size 1 cookie (57g)

Amount per serving

**Calories 210**

% Daily Value\*

**Total Fat** 5g **6%**

Saturated Fat 1.5g **8%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 130mg **6%**

**Total Carbohydrate** 30g **11%**

Dietary Fiber 5g **18%**

Total Sugars 11g

Includes 9g Added Sugars **18%**

**Protein** 8g **8%**

Vit. D 0mcg 0% • Calcium 14mg 2%

Iron 1mg 6% • Potas. 117mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

