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LEMON POPPY SEED

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**Lenny & Larry's**  
**The COMPLETE COOKIE**

SEE NUTRITION INFORMATION  
**16g**  
 PROTEIN  
 PER COOKIE  
FOR SAT. FAT CONTENT

**10g**  
 FIBER  
 PER COOKIE  
 NON-GMO VERIFIED  
 BAKED NUTRITION  
 Vegan

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12 - 4 oz Cookies  
 (NET WT. 48 oz)

Enlarged to show detail

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12 - 4 oz Cookies  
 (NET WT. 48 oz)

PLANT-BASED PROTEIN COOKIES  
 LEMON POPPY SEED

12 - 4 oz Cookies  
 (NET WT. 48 oz)

Enlarged to show detail

LEMON POPPY SEED

**Nutrition Facts**  
 24 servings per container  
 Serving size 1/2 cookie (57g)

	Per serving	% DV*	Per cookie	% DV*
<b>Calories</b>	<b>220</b>		<b>440</b>	
<b>Total Fat</b>	7g	9%	14g	18%
Saturated Fat	2.5g	13%	5g	25%
Trans Fat	0g	0%	0g	0%
<b>Cholesterol</b>	0mg	0%	0mg	0%
Sodium	300mg	13%	600mg	26%
<b>Total Carbohydrate</b>	28g	10%	57g	21%
Dietary Fiber	5g	10%	10g	38%
Total Sugars	11g	22%	21g	42%
Incl. Added Sugars	8g	16%	16g	32%
<b>Protein</b>	16g	32%	32g	64%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	33mg	2%	67mg	6%
Iron	1mg	6%	3mg	15%
Potassium	133mg	2%	266mg	6%

\*% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Protein Blend (vital wheat gluten, pea protein, rice protein), Citric Acid, Cane Sugar, Invert Sugar, Palm Fruit Oil, Vegetable Glycerine, Poppy Seeds, Natural Flavors, Sunflower Lecithin, Natural Yellow Color, Baking Soda, Salt, Xanthan Gum, Guar Gum.  
 ALLERGENS: Contains Wheat.  
 \*Manufactured in a facility that also processes Peanut, Tree Nut, Soy, Milk and Egg.  
 DIST BY: LENNY & LARRY'S, LLC  
 LOS ANGELES, CA 91402  
 (800) 536-8882

A COMPLETE WORLD OF COOKIES LENNY&LARRYS.COM  
 © LENNY&LARRYS  
 STORE IN A COOL, DRY PLACE

BAKED IN USA

No Ink Area

No Ink Area

YOU MAY LOOK  
 BUT DO NOT PRINT

1 7/8

10 3/32

19 23/32

4 11/16

3 1/16

5/8

10 1/8

4 7/8

10 1/8

4 27/32

30 5/8